

# Before you buy any spring clothes, do these five things!

The idea is to

- know your best colors
- know what basic pieces you already have in your wardrobe + the pieces you are lacking
- know what special pieces you need for your spring activities
- revisit your style and the outfits you admire
- THEN make a shopping list

Go through the following exercises then use the worksheet at the end to make your shopping list.

1. **Revisit your Color Code** or the feedback from Discover Your Signature Color or your Color Analysis to remind yourself of

- your "pop" colors (tops and jackets)
- your best neutrals (basics: pants, blazers, blouses)
- whether to wear white or ivory
- whether to wear black or brown
- whether to wear gold or silver

*Hint: Unless you are Warm (red-headed) or Cool (silver-headed), you can wear white AND ivory, black AND brown and gold AND silver.*

**You'll want to make a note of the spring colors that are your pop colors.**

I wrote all about it! Visit my post about **your best SPRING COLORS for Color Code!**  
[tabithadumas.com/spring-colors-color-code/](http://tabithadumas.com/spring-colors-color-code/)

**If you don't know what your Color Code is...**

you can Discover Your Signature Color AND find out your Color Code! Visit  
[www.tabithadumas.com/discover-your-signature-color](http://www.tabithadumas.com/discover-your-signature-color)

For Phoenix locals, you might consider Color Analysis which INCLUDES your Signature Color.  
[www.tabithadumas.com/phoenix-color-analysis/](http://www.tabithadumas.com/phoenix-color-analysis/)

**2. Do a wardrobe inventory.**

Note the pieces you have to work with (make sure they fit and flatter you--yes, you should try them on) and the pieces you need.

**The BEST way to do that is with my "Love Your Wardrobe!" ebook! It takes you step by step through the process of decluttering and organizing your closet, putting outfits together AND shopping on purpose.**

Read more and purchase by visiting [www.tabithadumas.com/love-your-wardrobe](http://www.tabithadumas.com/love-your-wardrobe)

You can **use this Spring/Summer check-list** below from Shari Braendel's book, "Help Me, Jesus! I have Nothing to Wear!" available on Amazon and other various online sellers.

**3. Make a list of what you're doing this spring**, and the outfits or pieces you need to wear.

- Are you traveling to a warmer or colder climate?
- Are you hosting or attending a party?
- Are you speaking or teaching?
- Are you having photos done?
- Are you attending something that requires specific clothing pieces?

*Maybe you need a new outfit for the charity golf tournament or a formal gown for a fundraiser.*

**4. Visit your "My Style" Pinterest board** to see what spring outfits and pieces speak to you.

I have you do this now because if you just start buying pieces to make the outfits you admire, you may not actually have the occasion to WEAR them without step three first. Or you'll buy that new coat but it won't really be your style so you'll feel lousy wearing it.

*What pieces keep showing up in the outfits you pin?* It could be a certain style of jeans or a military jacket. If the items go with what you already own AND you have the occasion to wear them, add them to your shopping list.

**You can also search on Pinterest by the pieces you already own for more outfit inspiration.**

If you already have mint green jeans, search "mint green jeans outfit" and pin the ones you love. If there are color combinations you're digging, search by that, like "navy and coral outfit." *Doing this will help you look at what you already own with fresh eyes and will help you decide on what you need.*

My "**My Style Explored**" Pinterest board is located at [www.pinterest.com/tabithad11/tab-my-style-explored/](http://www.pinterest.com/tabithad11/tab-my-style-explored/)

To see what I'm actually wearing, visit my "**My Style**" board at [www.pinterest.com/tabithad11/tab-my-style/](http://www.pinterest.com/tabithad11/tab-my-style/)

**5. Make your shopping list.**

BUT FIRST...think in terms of outfits.

**Pieces don't get worn if you don't know how to put them into outfits.**

You love the look of a tiered skirt, tee shirt and denim jacket--you just need the denim jacket.

You're digging the "jeans, t-shirt and scarf" weekend outfit but you don't have any quality tees that fit.

You got cute new metallic wedge heels but you'd like a skirt or two for work to wear them with.

**MAKE SURE that EVERY piece on your list (and every piece you buy)...**

- is the right color
- flatters your figure
- works with what you already have
- is something you need
- works for your everyday work and weekend life and/or your upcoming events (*in other words, if you don't know when you'd ever wear it, don't buy it*)
- suits your style.

**Now you're ready to shop on purpose this spring!**

## **WORKSHEET**

### **1. Revisit your Color Code**

My "pop" colors for spring:

My best neutrals:

White or ivory?

Black or brown?

Gold, silver, gold/silver mix, rose gold?

### **2. Wardrobe Inventory**

SPRING/SUMMER check-list:

\_\_\_ 2 pairs of shorts

\_\_\_ 1 pair of capris or cropped pants

\_\_\_ 2 pairs of lightweight pants in your style preference

\_\_\_ 4-5 tops in flattering colors and styles

\_\_\_ 1 lightweight sweater or jacket

\_\_\_ 2 summer dresses

\_\_\_ 1 lightweight skirt

\_\_\_ comfy casual flats or sandals

\_\_\_ trendy sandals in a higher heel, or wedge

\_\_\_ swimsuit and cover-up

\_\_\_ 3-4 trendy accessories

\_\_\_ summer tote or bag

I would also add...

\_\_\_ denim jacket

\_\_\_ special occasion dress

### **3. List what you're doing this spring.**

What pieces do you need for these occasions?

### **4. Visit your "My Style" Pinterest board**

List any pieces you are admiring but do not own.

### **5. Make your shopping list.**

Revisit #5 above first...then enjoy shopping!