

# Shop On Purpose This FALL Following These Five Easy Steps:

1. **Revisit your Color Code** to remind yourself of the following:

- Your "pop" colors (tops and jackets)
- Your best neutrals (basics: pants, blazers, blouses)

Whether to wear

- white vs. ivory
- black vs. brown
- silver vs. gold

Note which "pop" colors would work best for fall.

Not sure of your Color Code? Visit this post: [tabithadumas.com/color-code/](http://tabithadumas.com/color-code/)

2. **Do a wardrobe inventory.** Note below the pieces you have to work with as well as the pieces you need. TRY THEM ON to make sure they still fit and flatter you.

Use **this check-list** from Shari Braendel's book *"Help Me, Jesus! I Have Nothing to Wear!"*:

- \_\_\_ 2-3 pairs of slacks
- \_\_\_ 4-5 tops in flattering colors and styles
- \_\_\_ 2 pullover sweaters
- \_\_\_ 1 blazer
- \_\_\_ 1 party dress
- \_\_\_ 1 longer-length skirt to wear with boots
- \_\_\_ winter coat in neutral or pop color
- \_\_\_ 2 winter scarves and coordinating gloves
- \_\_\_ 2-3 patterned or solid-colored pairs of tights
- \_\_\_ flats for everyday wear
- \_\_\_ dressy boots

\_\_\_ classic pumps or slingbacks

\_\_\_ 3-4 trendy accessories

\_\_\_ leather tote or bag

*What other pieces do you already have?*

___	___
___	___
___	___
___	___

**3. Make a list of what you're doing this fall**, and the outfits or pieces you need to wear.

Are you doing any of the following?

- Traveling to a warmer or colder climate? *Maybe you need a heavier or lighter coat.*
- Hosting or attending a party?
- Speaking or teaching?
- Having photos done?
- Attending something that requires specific clothing pieces? *Maybe you need a new outfit for the charity golf tournament.*

*List here:*

**4. Visit your "My Style" Pinterest board** to see what fall outfits and pieces speak to you.

Describe or list here:

**5. USING ALL OF THE ABOVE...make your shopping list.**

Think in terms of outfits. What pieces do you need to create the outfits you will actually wear?

Clothing:

___	___
___	___

\_\_\_\_\_  
\_\_\_\_\_  
Shoes:

\_\_\_\_\_  
\_\_\_\_\_  
Accessories:

\_\_\_\_\_  
\_\_\_\_\_  
Undergarments, work-out wear, etc.:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
BEFORE YOU SHOP, make sure that EVERY piece on your list (and every piece you buy) fits the following criteria:

- Is the right color
- Flatters your figure
- Works with what you already have
- Is something you need
- Suits your everyday work and weekend life and/or your upcoming events (in other words, if you don't know when you'd ever wear it, don't buy it)
- Suits your style

Links:

Find out your Color Code: <http://tabithadumas.com/color-code/>

Discover Your Signature Color: <https://tabithadumas.com/discover-your-signature-color/>

TabithaDumas.com Pinterest account: <http://www.pinterest.com/tabithad11/>

TabithaDumas.com FALL Pinterest board: <http://www.pinterest.com/tabithad11/seasons-fall/>