

Shop On Purpose This FALL Following These Five Easy Steps

Before you begin...

If you haven't already, find out your Dominant Color Category and Discover Your Signature Color, FREE for a limited time.

Visit <http://tabithadumas.com/discover-your-signature-color/> to receive the questionnaire straight to your in-box.

If you need help getting started with Pinterest, there's a worksheet and video tutorial on my resources page: <http://tabithadumas.com/free-resources/>

Now...

1. Revisit your Dominant Color Category Pinterest board to remind yourself of the following:

- Your "pop" colors (tops, jackets and scarves)
- Your best neutral colors (basics: pants, blazers, blouses)

Note which "pop" colors would work best for fall.

2. Do a wardrobe inventory. Note below the pieces you have to work with as well as the pieces you need. TRY THEM ON to make sure they still fit and flatter you.

Use this check-list from Shari Braendel's book *"Help Me, Jesus! I Have Nothing to Wear!"*:

___ 2-3 pairs of slacks

___ 4-5 tops in flattering colors and styles

___ 2 pullover sweaters

___ 1 blazer

___ 1 party dress

___ 1 longer-length skirt to wear with boots

- ___ winter coat in neutral or pop color
- ___ 2 winter scarves and coordinating gloves
- ___ 2-3 patterned or solid-colored pairs of tights
- ___ flats for everyday wear
- ___ dressy boots
- ___ classic pumps or slingbacks
- ___ 3-4 trendy accessories
- ___ leather tote or bag

What additional pieces do you already have?

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3. Make a list of what you're doing this fall, and the outfits or pieces you need to wear.

Are you doing any of the following?

- Traveling to a warmer or colder climate? *Maybe you need a heavier or lighter coat.*
- Hosting or attending a party?
- Speaking or teaching?
- Having photos done?
- Attending an event that requires specific clothing pieces? *Maybe you need a new outfit for the charity golf tournament or costume party.*

List here:

4. Visit your "My Style" Pinterest board to see what fall outfits and pieces speak to you.

Describe or list here:

5. USING ALL OF THE ABOVE...make your shopping list.

Think in terms of outfits. What pieces do you need to create the outfits you will actually wear?

Clothing:

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Shoes:

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Accessories:

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Undergarments, work-out wear, etc.:

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BEFORE YOU SHOP, make sure that EVERY piece on your list (and every piece you buy) fits the following criteria:

- Is the right color
- Flatters your figure
- Works with what you already have in your wardrobe
- Suits your everyday work and weekend life and/or your upcoming events
- Suits your style

Links:

TabithaDumas.com Pinterest account: <http://www.pinterest.com/tabithad11/>

TabithaDumas.com FALL Pinterest board: <http://www.pinterest.com/tabithad11/seasons-fall/>