

2017 One Word/Vision Board Worksheet

ONE WORD {Brainstorm ideas to see what emerges}

1. Think about what you want to bring more of into your life in 2017. Do you want more wealth? More connections? More clarity? More growth? *Those are all great words!*

2. If you *were* to create resolutions, what one word would summarize what you're hoping to achieve? *That could be your word.* If you're hoping to get into shape and run a marathon, "strong" might be your word. If you aspire to be more crafty in 2017, perhaps "create" would inspire you.

3. You want to serve and make a difference. And you know you can't do it all...so what CAN you do? Bring HOPE to people who are discouraged? Add JOY to other's lives? Your word will be a reminder of your purpose and the ways you are uniquely gifted to serve. *That's a beautiful thing!*

Which category appeals most to you? *Check my list for ideas.*

Be Seen	Walk Your Path	Accept Yourself	Self Care	Be Loved
Wholeness	Slow Down	Relationships	Live Big	Faith

VISION BOARD

Brainstorm some areas of your life you want to embrace, change or be intentional about in 2017. These can include relationships, spirituality, work/career, community, physical, personal development, etc.

Within those areas, what are some goals or action steps you have in mind? To have more fun with your kids, embrace healthier eating, get together with friends more often, host events, write a book?

Your vision board should represent each of those areas and create a "vision" for 2017. At a glance, your board should inspire you to create the 2017 you envision. So what visual cues remind you of these goals? A stack of books? Kids playing? A tea cup? A large audience? A shiny new car?